

# VSSC NEWSLETTER

## VALLEY of the SUN Ski Club

February 2023

[VSSCskiclub.com](http://VSSCskiclub.com)

Issue 5

### President's Corner

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Our season is quickly coming to an end, but it's still snowing! Hope you are taking advantage of the conditions. It still feels like winter.

We appreciate the members response for the 2024 Trip Survey. The Board is working hard to find a new trip vendor and hopefully we will have good news soon.

We look forward to seeing you at our March meeting at the Kuentz Center. The April meeting will at Beardsley Park in SCW. More information on the April meeting coming soon!

Judy Ainsworth,  
President

### Trip Reports

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**Whitefish, MT** was another great ski trip for the Club! Once again, no travel issues with all flights on time, getting us into Kalispell just as the sun was setting. Firebrand Hotel was spot on, waiting for us at the airport to take us and all our gear into town. What a great bistro hotel. Breakfast every morning kept all of us well fueled, to either hit the slopes or tool around exploring the town. The gang explored the various restaurant options for Italian at Abruzzo, southern at Tupelo Grill, and fish and chips at Bulldog Saloon. Loads of skiing on those lower elevation mountains, with rides up to the Summit through the low-lying clouds and to see the "Snow Ghosts"! Very eerie! Once again, Thursday turned out to be the best day for skiing with loads of sunshine (which is rare for up there). Our skiers' legs were worn out! The Welcome party on Tuesday hosted by Firebrand was well attended, and six from our group signed up for a private tour of Glacier National Park with Whitefish Outfitters group. Thursday night's pizza party at Jersey Boys Pizza was a success, as we took over the whole restaurant. Paper plate awards were presented, and a big thank you to our sisters Sandy and Jan for providing the frivolity. You did great. SO much skiing, we were ready to come home to the Valley at the end.

Kim Kros

## 2022-2023

### Board of Directors

#### President

Judy Ainsworth 602-909-4333  
[Judylea@cox.net](mailto:Judylea@cox.net)

#### Vice President

Open

#### Treasurer

Don Larsen 360-790-6968  
[donlarsen007@gmail.com](mailto:donlarsen007@gmail.com)

#### Recording Secretary

Marilyn Urbany 623-875-7625  
[muschatzie43@gmail.com](mailto:muschatzie43@gmail.com)

#### Dinner Coordinator/Trip Captain

Barbara Stevens 623-628-0218  
[jileroo@yahoo.com](mailto:jileroo@yahoo.com)

#### Database Manager

Beverly Brown 623-229-2934  
[starfighteraz@gmail.com](mailto:starfighteraz@gmail.com)

#### Communications Coordinator

Koni Hohnbaum 360-281-8297  
[konihohnbaum@gmail.com](mailto:konihohnbaum@gmail.com)

#### Tour Operator

Craig Frooninckx  
[craig@azskiclub.com](mailto:craig@azskiclub.com)  
602-612-5100  
AzSkiClub.com

Meetings are held at the **Kuentz Rec Ctr Kiva** room, 14401 W RH Johnson Blvd (East of Stardust Blvd). **Our next meeting is Thursday, March 2nd** - Social Hour at 5:00, Dinner at 6:00. **Prepaid dinner reservations are required – deadline is 9pm Sunday, February 26th.** It's a BYOB event.

▪ Remember to bring non-perishable donations and toiletries for charities.

**Winter Park, CO (Mar 5-10)** We will have 5 nights with 4 days of skiing and will be staying at Vintage Hotel in studios with kitchenettes, fireplace, 2 queen beds, 463 sq ft rooms, heated outdoor pool, spa, and cabriolet to ski area. The contract includes airfare from Phoenix, accommodation, porter from bus to lobby, vouchers for breakfast and a 4-day lift ticket. The cost for the land portion is \$1039 and the airfare is \$399 for a total of \$1438.

## SOUTHWEST AIRLINES

SW3040 PHX 8:35am- DEN 10:25am

SW0411 DEN 2:10pm- PHX 4:05pm

Since we only have 15 going we will probably have to take vans instead of the bus. **IMPORTANT:** If you are arriving at Denver separately and plan on joining us please advise me of your schedule. Be sure to arrive in time to make connections. Southwest allows 2 free bags. (Ski bag and boot bag counts as one.) Itineraries will be passed out at the airport. Be sure to arrive early.

Barb Stevens, Trip Captain  
623-546-2811 (home)  
623-628-0218 (cell)  
[jileroo@yahoo.com](mailto:jileroo@yahoo.com)

**CANCELLATION Policy:** Please read the cancellation policy in your Hold Harmless Agreement or online at <https://vsseskiclub.com/wp-content/uploads/2022/04/HHA.pdf> and put the cancellation dates on your calendar. It is important that you call or email Barb Stevens if you need to cancel a trip. You will receive a full refund if cancellation is received more than 90 days before the departure date. We will be starting a waiting list for all trips. Consider purchasing trip insurance.

## **February Meeting Recap**

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President Ainsworth called the meeting to order at 7:00 PM. The President expressed appreciation to Sharko's catering for their longtime service to the club. Board Members were introduced. Past Presidents Ursula Parrent, Alan Niemi and wife Barbara, Saunders McDonald, and Margery Simchak and husband Frank were introduced.

### **Treasurer's Report – Don Larsen**

Don reported that there will be minimal expenses moving forward. The meeting venues for March and April have been paid. The checking account balance as of January 31, 2023, is \$3,876.27.

### **Membership Report**

Beverly Brown reported that current club membership is at 89.

### **Dinner Coordinator Report – Barbara Stevens**

There were 38 reservations and 35 served. Please pay in advance for the next meeting, Barbara informed members that the final season barbeque will be on Wednesday April 05 as the venue was unavailable for the usual Thursday meeting.

**Trip Captain Report – Barbara Stevens**

Winter Park – 15 participants. Trip Captain Barbara reported that there is still room. Please contact her if interested. Breakfast included.

Trip Surveys for 2024 were distributed to skiers only.

**New Business**

Members serving on the Nominating Committee are Mary Ann Vangelisti and Ursula Parrent.

The Board is still waiting for more clarification on joining the AZ Ski Council. Other clubs have huge memberships and can afford the required liability insurance. The Board is also waiting for trip vendor information.

**Meeting Conclusion**

Doug Brown has volunteered to be Publicity chairperson. Thank you, Doug!

Thank you to Martin for the video.

Kim Kros and Bob Stone provided chips for the Social Hour.

Members bringing equipment to sell may donate it to Kathy McSperran to take to St Vincent De Paul Thrift store.

Hotel toiletries were collected and will be delivered to Eve's Place by Wendy McKenna.

Thanks to Bob Stone and Kim Kros for their fantastic salesmanship resulting in \$200 selling the 50/50 tickets.

Winners of the 50/50 were Martin Umbarger, Bob Stone, Koni Hohnbaum, and Barbara Niemi (2 times). Winners of glass cups etched with VSSC were Margie Simchak, Warren Field, Beverly Brown, and Marilyn Urbany. The cups were donated by Pete Nysather.

Thanks to Brigitte Ebert and Richard Wilsie for the Valentine flowers enjoyed by the members.

The next meeting will be March 2<sup>nd</sup>. Meeting was adjourned at 7:30 pm.

Minutes respectfully submitted by Marilyn Urbany, Recording Secretary.

**Reminders**

**Be prepared!!** Stretching, yoga, tai chi. Anything to prevent injury and be ready to ski!



### **Altitude Sickness**

Symptoms of altitude sickness may include fatigue, inability to exercise, loss of appetite, sleepiness or difficulty sleeping, nausea or vomiting, rapid breathing, shortness of breath, headache, rapid heart rate, insufficient urine production.

If you experience symptoms, stop and rest, do not go any higher in elevation for at least 24-48 hours, if you have a headache take ibuprofen, nausea take anti-nausea medication like promethazine (prescription), drink plenty of WATER, don't smoke, drink alcohol, or exercise. Please look up altitude sickness for further information.

### Stunning Whitefish



## From the Treasurer

Important things to remember when making payments:

- Trip Application forms must be sent along with a check for dues (\$20 per person) and trip deposit(s) if you are signing up at this time.
- The Application must be filled out COMPLETELY (both sides) and SIGNED.
- The Hold Harmless Agreement must be initialed on the front and signed on the back.
- **Carefully note the dates for Balance Due and No Refund After.** If you need to cancel a trip, please call the Trip Captain prior to that date.
- Please write, "Balance for XX trip(s)" on the Note line of your check.
- Make checks payable to Valley of the Sun Ski Club, or VSSC, and mail to:

VSSC  
P.O. Box 5186  
Sun City West, AZ 85376-5186

## Dinner Reservations

All dinners are required to be paid in advance. Please mail your check and reservation form to:

VSSC c/o Mary Ann Vangelisti  
15234 W. Via Montoya  
Sun City West, AZ 85375

The cost is \$21.00 for members, \$23.00 for non-members. It is important to make your reservation no later than 9:00 PM Sunday February 26<sup>th</sup>. At this meeting you will have the opportunity to pay for your dinner reservation for the following meeting. Please direct any questions to Mary Ann Vangelisti at 602-799-3855 or email to [Suntracusa@cox.net](mailto:Suntracusa@cox.net).

*Please do not include Trip Applications or deposits for ski trips with your dinner reservation.*



**2022-2023  
Meeting Schedule**  
Thursday, March 2  
Wednesday, April 5

*Please mark your calendar!*

### **Wednesday April 5**

April BBQ/last meeting of the season will be at Beardsley Park, Ramada 7 from 5-9.

### **Eve's Place**

Eve's Place continues to accept donations at their Community Center. Please bring food and toiletries to the meetings. They no longer accept clothing. Thank you.

## **2023 Trip Schedule**

Destination	Dates	Price	Deposit	Balance Due	No Refund After
Telluride, CO (Bus)	Jan. 8-13 (4 ski days)	\$1,195 king \$1,255 dbl	\$150	Oct. 16	Nov. 4
Whitefish, MT (Air)	Feb. 5-10 (4 ski days)	\$975 land \$581 air \$1,556 total	\$150	Nov. 13	Dec. 4
Winter Park, CO (Air)	March 5-10 (4 ski days)	\$1,039 land \$399 Air	\$150	Dec. 11	Jan. 3



*The Whitefish Gang*



*Margy's Double paper plate award!*

It's snowing in Winter Park, Y'all!!!