

VSSC NEWSLETTER

VALLEY of the SUN Ski Club

January 2023

VSSCskiclub.com

Issue 4

President's Corner

Hello skiers!

Telluride was wonderful, lots of clouds, snow and finally sun! Love The Peaks Resort!

We had a pleasant drive up and back, and lots of stories to share. Thank you, Barbara and Kim, for keeping everyone informed.

Whitefish is next and I am sure everyone is excited about a new venue. Snow is falling everywhere so it should be fun.

Look forward to seeing you on February 2nd for our next ski club meeting. Get your reservation in and pay for March.

Judy Ainsworth,
President

Trip Reports

WHITEFISH, MT: Feb 5-10 (5 nights/4 ski days). Alaska Airlines (AS) flight 603, departs from Phoenix Sky Harbor at **11:30 am** to Seattle, WA, with connection to Kalispell Glacier International Airport (AS 2331), arriving at **5:19 pm**. RT shuttle service from the airport to the Fireband Hotel, in the heart of Whitefish. Included is porter service for luggage, 4-day lift tickets, a Welcome Wine and Cheese party, private shuttle to the ski resort and 5-day breakfast (including tax and tip). Return to Phoenix on the 10th, departing Kalispell on AS 2270 at **11:00 am**, arriving back in Phoenix from Seattle on AS 744 by **5:30 pm**.

There are 22 on the trip, including a few people from Alpine/AZ Ski joining our group. Check-in will be at the airport, day of departure. Make sure your checked luggage is tagged, and remember there will be baggage fees for checked luggage payable at check-in (both ways). **We are restricted to one checked bag per person (there is an exception for those bringing skis/boots, who can also have one regular checked bag). 1st checked bag is \$30, 2nd bag is \$40. Ski bag and a boot bag are considered one piece of checked luggage. And keep the weight under 50 lbs. per bag! Your carry-on bag must fit in the overhead, and our hopper flights between Seattle and Kalispell is a smaller plane, so space will be at a premium in the overhead bins.**

TRIP LEADER: Kim Kros jkkros@cox.net (480) 326-2758

2022-2023

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Meetings are held at the **Kuentz Rec Ctr Kiva** room, 14401 W RH Johnson Blvd (East of Stardust Blvd). **Our next meeting is Thursday, February 2nd** - Social Hour at 5:00, Dinner at 6:00. **Prepaid dinner reservations are required – deadline is 9pm Sunday, January 29th.** It's a BYOB event.

▪ Remember to bring non-perishable donations and toiletries for charities.

WINTER PARK, CO (Mar 5-10)

Alpine has just released 2 spots for Winter Park. Please let me know if you are interested.

We will have 4 days of skiing and will be staying at Vintage Hotel in studios with kitchenettes, fireplace, 2 queen beds, 463 square feet rooms, heated outdoor pool, spa, and cabriolet to ski area. The contract includes airfare from Phoenix, accommodation, porter from bus to lobby, vouchers for breakfast and a 4-day lift ticket. The discount for non-skiers or IKON pass holders is \$289. The single supplement is an additional \$599. The cost for the land portion is \$1039. The airfare is \$399.

Barb Stevens, Trip Captain
623-546-2811
jileroo@yahoo.com

CANCELLATION Policy: Please read the cancellation policy in your Hold Harmless Agreement or online at <https://vsscskiclub.com/wp-content/uploads/2022/04/HHA.pdf> and put the cancellation dates on your calendar. It is important that you call or email Barb Stevens if you need to cancel a trip. You will receive a full refund if cancellation is received more than 90 days before the departure date. We will be starting a wait list for all trips. Consider purchasing trip insurance.

Barb Stevens, Trip Captain
Home Phone 623-546-2811
Cell 623-628-0218

January Meeting Recap

President Ainsworth called the meeting to order at 6:50 PM. The President expressed appreciation to Sharko's catering for their longtime service to the club. Board Members were introduced. Judy commented on Ron Brossart's illness and asked members to sign a card and offer prayers.

The President welcomed Past Presidents Marie Jones and husband Greg, Ursula Parrent and Saunders McDonald. New Member Paul Paonessa of Alpine Ski Club was introduced and offered information on membership benefits. Guest MJ Nabors was recognized.

The signup sheet was posted for AZ Snowbowl. Martin Umberger is the contact person.

Treasurer's Report – Don Larsen

Balance as of December 31, 2022, is \$34,080.60. Payments for the Whitefish and Winter Park ski trips will be paid, and the working balance will be greatly reduced.

Membership Report

Beverly Brown reported that current club membership is at 89.

Dinner Coordinator Report – Barbara Stevens

There were 42 reservations and 40 dinners served. Please pay in advance for the next meeting,

Trip Captain Report – Barbara Stevens

Whitefish – 22 and Winter Park – 14. **Urgent, 2 Spots available on each of these trips!!**

Trip Captains for Telluride are Barbara Stevens and Kim Kros. Kim will also handle Whitefish, and Barbara Winter Park.

Meeting Conclusion

A volunteer is needed for Publicity. Any member with contacts with social media, local newspapers, etc., please volunteer to bring awareness to the public to increase membership.

Kim Kros volunteered for beverages and chips at meetings. Thank you, Kim.

Members bringing equipment to sell may donate it to Kathy McSperran to take to St Vincent De Paul Thrift store.

Ski trip participants were reminded to bring hotel toiletries to donate to Eve's Place. Thanks to Wendy McKenna for delivering the donations.

Thanks to Frank Perry for selling the 50/50 tickets. Winners of the 50/50 were Gus Osterback, Ric Vange, Jack Shorr, and Marie Jones.

The next meeting will be February 2. Meeting was adjourned at 7:50 pm.

Reminders

Be prepared!! Stretching, yoga, tai chi. Anything to prevent injury and be ready for the ski season.



Altitude Sickness-I hope those that went to Telluride fared well. Elevation in Mountain Village where we stayed is 9,547 feet. Some of us made it to a lift-served elevation of 12,515 feet!

Symptoms of altitude sickness may include fatigue, inability to exercise, loss of appetite, sleepiness or difficulty sleeping, nausea or vomiting, rapid breathing, shortness of breath, headache, rapid heart rate, insufficient urine production.

If you experience symptoms, stop and rest, do not go any higher in elevation for at least 24-48 hours, if you have a headache take ibuprofen, nausea take anti-nausea medication like promethazine (prescription), drink plenty of WATER, don't smoke, drink alcohol, or exercise. Please look up altitude sickness for further information.

From the Treasurer

Important things to remember when making payments:

- Trip Application forms must be sent along with a check for dues (\$20 per person) and trip deposit(s) if you are signing up at this time.
- The Application must be filled out COMPLETELY (both sides) and SIGNED.
- The Hold Harmless Agreement must be initialed on the front and signed on the back.
- **Carefully note the dates for Balance Due and No Refund After.** If you need to cancel a trip, please call the Trip Captain prior to that date.
- Please write, "Balance for XX trip(s)" on the Note line of your check.
- Make checks payable to Valley of the Sun Ski Club, or VSSC, and mail to:

VSSC
P.O. Box 5186
Sun City West, AZ 85376-5186

Dinner Reservations

All dinners are required to be paid in advance. Please mail your check and reservation form to:

VSSC c/o Mary Ann Vangelisti
15234 W. Via Montoya
Sun City West, AZ 85375

The cost is \$21.00 for members, \$23.00 for non-members. It is important to make your reservation no later than 9:00 PM Sunday January 29th. At this meeting you will have the opportunity to pay for your dinner reservation for the following meeting. Please direct any questions to Mary Ann Vangelisti at 602-799-3855 or email to Suntracusa@cox.net.

Please do not include Trip Applications or deposits for ski trips with your dinner reservation.

Welcome back returning member!
Floyd Posey



Ron Brossart

Please continue to keep our friend, fellow skier, and his family in your thoughts and prayers.

2022-2023 Meeting Schedule

Thursday, February 2
Thursday, March 2
Thursday, April 6

Please mark your calendar!

Eve's Place

Eve's Place continues to accept donations at their Community Center. Please bring food and toiletries to the meetings. They no longer accept clothing. Thank you.

2023 Trip Schedule

Destination	Dates	Price	Deposit	Balance Due	No Refund After
Telluride, CO (Bus)	Jan. 8-13 (4 ski days)	\$1,195 king \$1,255 dbl	\$150	Oct. 16	Nov. 4
Whitefish, MT (Air)	Feb. 5-10 (4 ski days)	\$975 land \$581 air \$1,556 total	\$150	Nov. 13	Dec. 4
Winter Park, CO (Air)	March 5-10 (4 ski days)	\$1,039 land \$399 Air	\$150	Dec. 11	Jan. 3

Telluride, CO Jan 8-13:

What a great trip! The weather was great on the bus ride up and back, with no issues. Thank you to our sisters Sandy Tiedeman and Jan Davis for providing raffle ticket entertainment on the way to Telluride. Great prizes were awarded. Monday and Tuesday saw plenty of skiing, but some flatter light, keeping some of our skiers off the slopes. Wednesday it snowed most of the day, which meant.....great powder and Blue Bird skies on our last day Thursday! Down time was spent either in town for shopping and eating, the awesome spa and sauna at The Peaks, or happy hour in The Peaks Bar where the group gathered to tell stories, share drinks and libations. We wished a Happy Birthday to Barb Stevens on Monday at breakfast and had a final group happy hour in the lobby where pictures were taken, and the live music kept things hopping. And of course, the Infamous Paper Plate awards were distributed on the easy ride home to AZ. Thank you again to Sandy and Jan for their frivolity.



Tom Bridge, Sandy Tiedeman, Tony Bernstein, Koni Hohnbaum, Jeff Beierschmitt, Jan Davis



The Gang!



Kari Costello has the answers!



Stunning scenery everywhere you looked!



President Judy and Pete Nysather